



# The Family Agreement

Our agreement:

Who is responsible for this:

What happens if someone doesn't follow the agreement?

Date:

Review Date:

Signatures:



# Family Agreement Information



It's important to set clear boundaries and expectations around online safety. A perfect way to do this is by creating a Family Agreement. It is important to make everyone feel involved and respected, so choose a time that is appropriate so that you can all sit down together and discuss the questions below.

## Let's begin

Can you list all the connected devices we have?

(Make it clear that the agreement includes ALL the connected devices)

Do we already have any rules about the use of technology in our home that we would like to include in the family agreement?

What do we enjoy doing most online?

Can you list all the games and Apps you use the most?



## Pixel's Time Management Check In

When you use technology for too long you can feel unwell. It's good to take regular breaks and STOP using technology at least 2 hours before bedtime to give your brain time to calm down ready for sleep. If you find yourself using technology too much get some help as it can interfere with family life.

## Fizz's Sharing Safety Rules

Do you know how to set up privacy settings?

What makes a strong password?

How can we use Live-streaming and disappearing content safely?

What should we check before posting anything online?

For help setting up privacy settings go to:

<https://littlestar.studio/online-safety>

## Pixel's Top Tip for Great Passwords:

Look around the room and list 3 random items, then add a £ symbol and a number, it doesn't have to be at the end anywhere in the password will work. Start each word with a capital letter and put a full stop in-between each word.

For example: Picture.Light.Desk.£1

*It would take about 2 million years for a computer to crack our example password!*

## Content

How do we decide what is ok for us to use?

What do we do when we find content that is unreliable or untrustworthy?

How do we prevent overspending on apps and games?

## Communicating online

Who can we talk to and play games with online? Friends? Family? Anyone?

How can we stay safe when talking with people online?

How can we take care of our friends when we are online?

## If things go wrong

What do we do if we see or hear something that makes us feel upset or uncomfortable online? Who do we talk to about it?

Do we know how to find the block and report buttons for games, apps and websites we use?

If someone we know only online asks for photos, personal information, or wants to meet in person, what should we do?

## Final thought...

What should we do if someone breaks the family agreement?

When should we review the family agreement?

